## **IRISH COMMUNITY CARE**

Ceiliúradh Bliantúil: Ag Fás Le Chéile Annual Celebration: Growing Together



### Sponsors of Ceiliúradh Bliantúil: Ag Fás Le Chéile



We are a progressive, award winning, expanding, and youthful Liverpool Law Firm with a "can do" attitude. We offer exceptional and affordable legal advice across all sectors



I offer simple photography packages at affordable prices with all digital images provided copyright free. I am privileged to be associated with the ICC team.



Home of Irish culture and heritage in Merseyside since 1999. We look forward to continued partnership with ICC in the coming year.



"I am proud to become a patron of ICC. For over 50 years they have cared for the welfare of vulnerable Irish people coming to Merseyside. Today, ICC, with a few paid staff and a number of willing volunteers, supports over 1500 Irish people annually. I would like to take this opportunity on behalf of the Institute of Irish Studies to wish ICC continued success in the important role they play in caring for the vulnerable Irish community in Merseyside and beyond, and offer the Institute's ongoing support. The Institute will also continue to develop the Connected Irish Network with ICC along with other bodies in Merseyside to further the aims and interests of the Irish community."

Professor Peter Shirlow, Director, The Institute of Irish Studies, University of Liverpool

### The Team NEART LE CHÉILE STRENGTH TOGETHER!

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John Kennedy CBE KSG KMCO DL

Professor Marianne Elliott, Professor Emeritus, The Institute of Irish Studies, University of Liverpool

Professor Peter Shirlow, Director,

The Institute of Irish Studies, University of Liverpool

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Finance Administrator

Information & Advice Worker Welfare Benefits Advisor

Family Support Worker Outreach Worker

Health Development Worker

Outreach Worker (Wirral) Outreach Worker Opening

Doors (Offenders)

**Outreach Worker Opening** 

Doors (Offenders)

Outreach Worker(Travellers) Outreach Worker (Wigan)

Personal Assistant Care Community Culture

Personal Assistant Care Community Culture

### Chair's Address

I have taken over as Chair of Irish Community Care (ICC) this year from Norma Kielty-Crummey who stood down due to pressure of work after 7 years as Chair. Norma did an excellent job in driving forward the vision of ICC and I am delighted that Norma will continue her involvement with ICC as a trustee. I thought I would focus on why ICC is important. It's a personal view, but it's why I became involved.

We live in a world that is "shrinking". The foods we eat, the jobs we do, the cars we drive- what we are encouraged to aspire to! This cultural convergence or homogenisation is hard to avoid, but we are still drawn back to our different roots- the values beliefs and rituals we did not define, but grew up with. It's an important part of our identity. It is very different 'inside' to be Irish, or of Irish descent - no less so in important ways, than the difference between the English and Somalis or Bangladeshis. When we are

distressed, isolated or traumatised these identifiers give us comfort and reassurance; they put solid ground under our shaking feet. Therefore to have people and an Organisation which convenes those people in Irish Community Care; supporting people in a culturally compatible way; where people are not patronised judged or simply not understood; is very important for many people. I greatly value this and joined!

As human services become more and more shaped by the contract culture and micro managed by purchasers, we try to remain above it - to keep the task above the business, and the people in the foreground. Their needs could be our needs - to be understood, accepted, not judged and cared for in a way that speaks to, and respects people as they are.

We look forward to the year ahead. We will face and deal with the emerging challenges, and offer rewarding but demanding work to all who work here as staff and volunteers. We will develop new ways to respond the needs of those who come through our door.

We hope our report is of interest to you, we thank you for your interest, your concern and your continued support. To find out more about Irish Community Care you can call in to see us; visit our website: <a href="www.iccm.org.uk">www.iccm.org.uk</a>; tel: 0151 2373987; email: <a href="mailto:admin@iccm.org.uk">admin@iccm.org.uk</a>

#### Go raibh míle maith agaibh

Mike Hogan

Chair





## Irish Community Care: Inspiring, Caring, Connecting

The title of this year's Ceiliúradh Bliantúil (Annual Celebration) is 'Ag Fás le Chéile' (Growing Together). It was chosen to reflect the importance of mutual support, of recognising the strength of our communities, the wealth of skills, knowledge and experience and the importance of sharing and collaborating. This resonates particularly this year when we face many challenges; not least significant budget reductions, increasing demand for services and diminishing opportunities for income generation.

When we reflect on the past year we are humbled by the inspiration, care, connections, the inclusion, the challenges and the creativity of all involved with Irish Community Care: our Service Users, staff, volunteers, students, trustees, patrons, partner organisations, funders and all Friends of ICC. We thank you for all these attributes that makes us the organisation we aspire to be.

Through this mutual support we have been able to provide a vital community support system regionally, making sure that over 1,500 Irish & Irish Travellers this year have been safe and well, improved their confidence and friendships and have had opportunities for a better life.

People who have used our services this year come from all walks of life and presented with diverse, multiple and often complex needs i.e. the young person struggling to cope with the pace of modern life; perhaps battling with drug and alcohol addictions whilst living with depression and anxiety. We have helped prisoners resettling into the community after release and provide support for homeless people and rough sleepers. We have provided a lifeline for older people, in isolation and poor health, often house bound, and who in many cases are dealing with bereavement and the onset of dementia on their own. All face additional

challenges imposed by welfare reform and current austerity. Many have not had the life chances that most of us often take for granted. Every day is often a struggle and ICC has provided that familiar face, an easy ear and a vital link, a pathway to a positive future. Service Users have said:

'Help ICC gave me was second to none with things that I needed. They helped me get a decent place to live, furniture and bedding. I'm now volunteering and looking for work.'

'Support from ICC is so important, so many doors are closed to people like me, and we need support like this so we can make good changes to our life'

'ICC have been a life line for me, staff understand my situation and I feel confident in asking for help'

Partner agencies said: 'Our Service Users rely on ICC support as we are unable to provide such a service. We know of no other local service able to offer the same support. We trust ICC and they are our key partner'

We hope that this years report gives you an insight into the journeys of members of our communities and the difference ICC has been able to make.

We acknowledge the hard work and commitment of our staff team:

- Our information, advice and outreach team involved in front line service delivery
- Our Personal Assistants supporting people to stay independent in their own home
- Our Administration Team who are the pillars of ICC: Liam, Linda and Wendy a multi-skilled and flexible team who ensure the smooth running of ICC, a huge challenge given the breadth and reach of our work
- Our Senior Management Team Breege, Win and Jane working together to drive forward the vision and ensure the sustainability of ICC

Our team are greatly indebted to the continued support of all Friends of Irish Community Care i.e. our trustees and patrons, volunteers, funders, partner agencies and sponsors.

Go raibh míle maith agaibh go léir.

### **Key Events 2014-2015**

### Winter 2014

October 29th 2014 marked a huge milestone for Irish Community Care as we celebrated 25 years as a charity and fifty years as a community response in the company of Ireland's Ambassador to Great Britain, His Excellency Daniel Mulhall.

A captive audience of over 100 people attended our Ceiliúradh Airgid Agus Óir at the Bluecoat. They heard about ICC's journey from modest beginnings in the basement of the old Irish Centre at 127 Mount Pleasant in the 1960's to the centre of excellence it is today identifying and responding to the health and social care needs of our Irish and Irish Traveller communities across Merseyside and the wider North West.

In November we launched Care Community Culture our collaboration with Chinese Wellbeing and Mary Seacole House. We are working together to achieve the maximum impact on health and well being of BME communities. We are now delivering a Personal Assistant Support Service in the community, so if you need some help to live independently i.e. help with housework, cooking, cleaning, shopping etc, please get in touch with Jane Hunter, tel. no: 07432138682 email: jane.hunter@iccm.org.uk

We are delighted that Martina Comerford, Chair of Irish Voices (Service User Forum) accepted the Ireland Fund of Great Britain Annual Award 2015 at a reception at the Embassy of Ireland. The award recognises the impact of our work in improving the lives of our communities.

Connected Irish: a social network for people who may be interested in all things Irish and in fostering a more vibrant sense of the Irish community. We are delighted that these initial conversations have grown and we are planning a formal launch of Connected Irish early in 2016.

### Spring 2015

Celebrating St Patrick's Day were key events for everyone involved with ICC. We had the opportunity to promote the work of Opening Doors on radio at HMP Altcourse in the build up to St Patrick's Day and organised two St Patrick's Day cultural events at HMP Thorn Cross and HMP Kirkham. We extend our thanks to local musicians who, as Friends of ICC delivered these cultural celebrations at HMP's: enabling Service Users to celebrate identity and culture appropriately. Events in Wirral, Wigan and Liverpool were very well attended and enjoyed by all.

Thanks to everyone who took part in the very successful Darkness into Light Walk to raise awareness of mental health and suicide in our communities. Over £4000 has been raised

locally and ICC will receive some of this funding. We are working with St Michaels Irish Centre to deliver a Mental Health Awareness Programme in the community, building on the success of this year's event and in planning for next years. So don't forget 2016 early May, early morning, walking shoes on, 5km here we come!



### **Key Events 2014-2015**

#### **Summer 2015**

Win and Breege were among 200 delegates from 17 countries at the first ever Global Irish Civic Forum in Dublin Castle. The diversity of organisations, their breadth and reach were impressive. The commitment of Ireland to its vast global Irish civic society was a recurring theme throughout the two day event. Delegates had the privilege of attending a reception at Áras an Uachtarán

Michael D Higgins, Uachtarán na hÉireann President of Ireland received an honorary degree from the University of Liverpool on 22<sup>nd</sup> July. Team members representing ICC at this momentous occasion were: Julie Ann, Win, Mike, Declan and Norma

In partnership with Praxis and Cheshire West and Chester Council we celebrated Gypsy Roma Traveller History Month in June. We formally launched "Traveller Experience of life in the

Ellesmere Port area of West Cheshire: Snapshot Baseline Report Conducted 2014-15". This is the only local research into Gypsy and Traveller needs in the last 9 years and the first engagement for many participants. ICC staff Win and Maya were joined by 30 senior staff from voluntary and statutory organisations. Feedback was very positive moving forward, including raised awareness of issues impacting on local Gypsies & Travellers, looking to further develop in-depth needs assessment research and greater partnership working.



### Autumn 2015

ICC is delighted to be this year's recipient of the Anthony Walker Foundation Award. This award presented at their Gala Event in October, recognises our dedication and support in achieving the Aims and Objectives of the Anthony Walker Foundation in promoting diversity, integrity and harmony to enhance the quality of life and wellbeing of individuals and communities.

Another very successful annual trip to Mayo was enjoyed by twelve members of our communities including Margaret, Mavis, and Sally from ICC team. The weather was fabulous, the hospitality as always second to none and the daily activities thoroughly enjoyed by all. We were delighted to be part of the annual ceremony of tree planting in Baleek Forest acknowledging the many Irish emigrants who have left the shores of Ireland over the years, some never to return.





## Irish Community Care: Including, Challenging, Creating Positive Futures

John moved to Merseyside from Ireland just over 12 months ago and secured a job in Wirral and a flat share with three other people. John was desperately missing his family back home: wife Mary and three children. John came to ICC weekly Drop in Information and Advice Service in Wirral. He wanted to relocate his family to Wirral but was worried about the stress that this would have on his family and whether or not they would settle well in a new country, particularly his three children. Julie ICC Outreach Worker offered John a safe space to discuss his fears and worries and gave him practical advice and support. With Julie's links and contacts John found a suitable house for his family. Julie liaised with Mary back home in Ireland giving all the information she needed to take her family to Wirral i.e. what documents she would need for identification, local schools and colleges, possible job opportunities.

When Mary and the children arrived they had a suitable home to live in. Julie liaised directly with the school here, and the school back in Ireland. With everything in place the youngest child had an easy transition in to a new school in a new country. Julie supported the two older children to obtain college places and part time jobs. Relocating teenagers from their friends and peers can present many challenges including loneliness, isolation, poor mental health, so Julie arranged for them to do the Duke of Edinburgh Gold Certificate. This helped them to meet other young people of the same age, develop friendships and settle well. Now that the other family members were settling well, Mary was keen to find work. Again Julie's advice and guidance enabled Mary to secure a part time job in her chosen career field of health and social care. The family have settled well in the Wirral and are enjoying planning for their future.

ICC are supporting Eileen, a 38 year old Irish Traveller whose husband took his own life aged 25, leaving Eileen to bring up her five young children alone. Eileen has struggled greatly over the years, dealing with the stigma of suicide and mental health in the community, compounded with poor housing, hate crime, harassment and increasing offending behaviour of her two teenage sons.

Maya ICC Outreach Worker has offered regular and consistent practical and emotional support to Eileen and her family, which is making a positive difference to their lives. For example Eileen has struggled with the appointment system at her local GP surgery and was not able to make or keep appointments. As a result Eileen's Income Support and housing benefit stopped as DWP did not receive sick notes on time. Maya now supports Eileen to make and attend regular GP appointments and her income has been reinstated.

Maya has linked Eileen's two sons to ICC Opening Doors Project, offering support to reduce offending behaviour. Eileen's 15 year old daughter Anne's mental health has been a continuous worry for Eileen. Maya has supported her in linking into local Child and Adolescent Mental Health Services, and the therapy offered is proving beneficial to Anne.

Eileen says "Support from ICC has given me great peace of mind."





## Irish Community Care: Inspiring, Caring, Connecting

Natalie and James called to ICC Drop In Service. They had just arrived in Liverpool from Armagh, looking for a fresh start. They were sofa surfing at a friend's already overcrowded flat. Frank ICC Information & Advice Worker supported them to register for Job Seekers Allowance. He then secured a property in Liverpool. ICC support with job search and linking them into work agencies successfully resulted in Natalie finding permanent employment, another huge step forward. James has recently completed his CSCS card training and hopefully will be in employment soon. With the support of ICC they have managed to settle and their long term plans are to stay in Liverpool.

Philip has been known to ICC for a number of years. Throughout the journey we have travelled with Philip the path has been both challenging and inspiring.

Philip's childhood experience included family breakdown and institutional abuse. These had a profound effect on Philip's opportunities during his teenage and adult years. He faced unemployment, homelessness, alcohol dependency and enduring mental health issues, leading to lack of opportunity to pursue a fulfilling life.

With the support of Margaret ICC Outreach Worker Philip has moved from accommodation that was unsafe and where people took advantage of his vulnerability to a safer more stable environment. He now attends our weekly social groups, enjoys the new friendships, trips out, music and dancing.

This year Philip visited his homeland for the first time in 28 years as part of our Annual Trip to Mayo. He travelled on a plane for the first time in his life and reconnected with all things Irish, a wonderful experience for him. For Margaret at ICC sharing in that experience was a joy and privilege.

Domestic Abuse is the harsh reality of the lives of many women, and is still all too often the worst kept secret. Geraldine, ICC Family Support Worker has been working closely with South Liverpool Domestic Abuse Service (SLDAS) to break down barriers that prevent Irish and Irish Traveller women engaging with agencies who support women who experience Domestic Abuse and to explore the issues of forced marriage and honour based violence in our communities.

Their first step was to get women together in a very informal, relaxed setting, an opportunity to have some 'me' time and meet other women in the community, who as women and as migrants from Ireland over the years have many things in common. From this initial group there was a suggestion that we would host a day of celebration with a focus on health and beauty.

The celebration took place in the Blackie Arts Centre and was well attended by both Irish and Irish Traveller women who really enjoyed the day. Participants were invited to complete a questionnaire around their awareness of Domestic Abuse, what their understanding is and where they can go for support and reasons why they would not access services to support with Domestic Abuse.

Our next step is to facilitate a regular coffee morning and a 'Cook and Taste Session' in partnership with CHATS and St Michael's Irish Centre. Throughout these sessions we will raise the outcome of the questionnaires, introducing sensitively a discussion around Domestic Abuse in our communities. The group will eventually be led by the women themselves and become a proactive core group, meeting regularly and having a strong voice around issues that affect women in general and Irish and Irish Traveller women in particular.

If you would like to become involved in this group, please contact Geraldine Judge at ICC 0151 237 3987 Helen Carter at SLDAS 0151 494 2222.

# Irish Community Care: Including, Challenging, Creating Positive Futures

Bereavement had caused David's life to spiral out of control; he was drinking excessively, lost his job of over 20 years, his benefits had stopped, his house was in danger of being repossessed, his debts were mounting with letters referring to "Court Action" a daily occurrence, and he was neglecting himself. A friend advised him to contact ICC.

David was taken ill with a serious heart condition exacerbated by excessive alcohol use. On hospital discharge he was referred to a local alcohol support group.

Maxine ICC Outreach Worker in Wigan successfully pushed for an urgent referral to a specialist alcohol clinic. She reviewed all his debts and unpaid bills and liaised with those concerned, and reduced his outgoings by applying for reductions in Utilities and Council Tax. Maxine supported David to maximise his income by £220 per week and reduce his outgoings including a large amount of money no longer spent on alcohol. David can now pay his mortgage and other bills are up to date. Maxine successfully requested £800 tax refund owing from David's last job and has applied to the Warm Home Discount Scheme for Winter Fuel Electricity Payment of £140.

David is now leading a fuller and healthier life. He wants to go back to work but realises it is too soon yet but wants a complete change of direction. He is hoping to use his experience to help others and eventually work in the care/support field.

David says: 'Without ICC I would have lost my home, my family, my life' His family say: 'We now have our Dad and Granddad back'

Mark is 25 years old and moved to Liverpool from Belfast when he was 17. He was referred to ICC by the Irish Commission for Prisoners Overseas (ICPO) in Maynooth, who were very concerned about Mark's health and well being during his time in custody in HMP Liverpool.

Sally from ICC Opening Doors Service working specifically with people in the Criminal Justice System, visited Mark in February. He disclosed a history of childhood abuse by his parents, and that he had self harmed two weeks previously whilst in custody.

Sally immediately contacted health care in the prison requesting an immediate referral to the psychiatrist in the prison. Mark was assessed and given regular therapy sessions to support with his mental health issues and ease his anxiety.

Sally worked in partnership with the prison and local housing providers to secure decent accommodation for Mark on release. She continues to offer practical and emotional support which is helping Mark to settle well in the community away from the path of offending behaviour.





# Irish Community Care: Inspiring, Caring, Connecting

Dan is 41 years old. His grandparents are from Cork and he describes his identity as Scouse Irish. He has a clinical diagnosis of bi-polar, with psychotic episodes and severe anxiety & depression. His good job and family life suffered when Dan started partying in the rave scene in the 1990's taking ecstasy, speed & cannabis. He then started using heroin to help him come down from the party drugs. This developed into a situation where he would use just about any drugs that he could get his hands on. He lost his job, his relationship broke down and he started associating with people of very dubious character.

Dan was referred to ICC in May 2015 by a leading social housing agency in Wirral. His tenancy was in jeopardy as he was using his flat as a drugs den and allowing people involved in drug crime to stay, one of whom stole a phone which belonged to the daughter of a security guard. The guard kidnapped Dan, drove 50 miles out of town, beat him with iron bars and left him.

Bob, ICC Health Development Worker arranged to meet Dan initially at our Wirral Drop In service; offering him a safe and confidential space to discuss his current situation and lifestyle, any support needs he might have and his plans for the future. Over a three month period Bob and Dan worked together to build a more positive future. Bob supported Dan to acquire a new flat, in a different area, away from previous peers and influences; get decent good quality furniture and make a warm welcoming home. Together they made sure all utilities were set up and payment methods in place.

Dan is now engaging with drug services and has given up benzodiazepine and all other street drugs. He is now on line to have reduced his methadone intake to zero within a structured reduction programme by Christmas. He has a bright outlook for his future. Dan says: 'Irish Community Care saved my life'.

James is 30 years old and has spent most of his adolescent life in and out of prison following his drug use and offending behaviour. He has now completed 8 years of his life sentence. When ICC staff member Julie Ann first met James he was taking methadone and stated that drugs had 'ruined his life'. He hoped that he would be accepted for parole and would have the opportunity to attend rehab.

Julie Ann has provided intensive support in relation to his Parole, rehab referral and emotional support during methadone withdrawal which he described as 'hell'.

James has now been off his methadone script for 2 months and stated that he couldn't have done this without ICC. He has been accepted onto a 6 month 12 step program through the Thomas Project. This will be favourable in his Parole hearing and if released will mean James can access 18 month supported accommodation which will greatly improve his resettlement in the community.

James has already made positive changes to both his life and lifestyle and we will continue to support him to create a more positive future.

Kathleen is 88 and lives alone. She is very independent despite failing health and poor mobility. Mavis, ICC's Welfare Benefits Adviser visited Kathleen at home to assess her current situation. Kathleen's weekly income was £151.20 (State Pension plus Pension Credit). Mavis found that getting up and down stairs and in and out of the bath was very difficult for Kathleen. Mavis supported her to submit an application for Attendance Allowance and advised her that as she lived alone, she was entitled to additional Pension Credit and Severe Disablement Allowance.

Kathleen's weekly income has now doubled to over £300. Kathleen is absolutely delighted and says: 'I cannot believe it, I can get a taxi now to the hospital and when I go to the supermarket. It is making a great difference to my life. Thank you ICC'

## Irish Community Care: A Centre of Giving and Sharing

Volunteers are the backbone of our organisation and the breadth, scope and reach of our work is due to the hard work and commitment of our 40 strong volunteer team. We thank you all for giving your time, energy and creativity so generously to ICC. 2015 has brought an increase in volunteers and diverse volunteer roles including social activities, administration, befriending, marketing and developing Friends of ICC.

'I began working as a volunteer in the office at ICC just over a year ago and in that time I have learnt new skills, developed more personal and organizational skills and received work based training.

I really look forward to coming in each week, helping out and assisting where and when I am needed. I work on the reception desk at the drop-in sessions, take phone messages and assist with general admin duties.

Last year, I was honoured to be invited to share in ICC's 50<sup>th</sup> Anniversary celebrations at the Bluecoat.

As a volunteer at ICC I have not only been made welcome, but also included as a part of the team. It is in that team, I have been proud to work alongside such professional, hardworking and committed staff who do such valuable work.'

Annette McGinn Roberts

'I have been a Service User myself and experienced the dedication and professionalism of the staff of ICC first hand so I wanted to give something back to the organisation that has helped me so much. So I started volunteering in ICC in February as one of the front desk volunteers but soon gravitated to helping with the computer systems and website. The staff and volunteers are so busy with phone calls, meetings and visits that the resulting documentation and recording was slowing them down. It became clear that they could be helped by getting a database that was designed specifically for ICC. In the past I designed databases when I worked as a scientist, so I got to work listening to staff and designing the tools they need. The database has gone live this autumn allowing the dedicated staff to have more time to help our Service Users.'

Kevin O'Brien





## Irish Community Care: A Centre of Learning and Personal Development

'When I first received the offer to come to ICC on placement I was really excited. I had not heard of the organisation before and when I looked into what they offered, I could not wait to get involved. I was made welcome right from the start, and received a varied and interesting induction. I soon picked up my own caseload of Service Users who had a variety of different issues. It has been rewarding to see the progress these individuals have made over the weeks I have been supporting them.

The opportunities I have been offered has really raised my awareness of the way Irish and Irish Traveller people can be treated and the many challenges they face. I have visited Service Users in hospital, in prisons, in their homes and out in the community. I have covered the drop in regularly

and you really do see lots of issues and need to be able to act on them and offer support promptly.

Donna Johnson

Student Social Worker University of Chester

I have loved my time at ICC, and will really miss it when I have to go back to University. The staff team are fantastic and work very well together. They are extremely passionate about what they do and really care about the Service Users they are working with. I have honestly never worked alongside a harder working bunch of people!

On placement I have supported Service Users from varied backgrounds. Spending time with each member of staff has supported me in gaining invaluable skills based upon their broad range of skills, experience and thorough understanding of

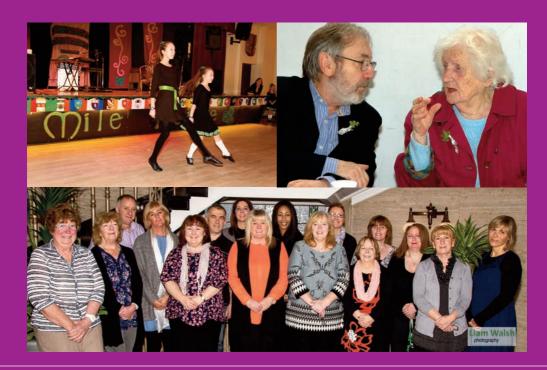
those who they are supporting. These experiences have been set in a variety of real life contexts i.e. social groups, multi-agency meetings, prison visits, drop-in sessions and Traveller site visits, to name a few. Working alongside another Social Work student, we have been given the opportunity to lead on several projects including Health and Wellbeing consultations and social group activities i.e. engaging Service Users as volunteers at Rice Lane City Farm. My time at Irish Community Care has vastly improved my learning and professional development and provided a solid foundation upon which I can base a career as a qualified social worker. I cannot thank ICC enough for the time, patience, knowledge and experience that they have shared with me.

Sally Carson Social Work Student, University of Chester













### Acknowledgements

Irish Community Care would like to extend our appreciation to all of the following for your support in our work 2014 - 2015:

#### Sponsors of Ceiliúradh Bliantúil 2014-2015: Ag Fás Le Chéile

Institute of Irish Studies • MSB Solicitors • Liam Walsh Photography • St Michael's Irish Centre, Liverpool

Service Users • Volunteers • Friends of ICC • ICC Patrons, Trustees & Staff Partner Organisations - Local, Regional, National & International

Care Community Culture • Irish in Britain • Connected Irish • Liverpool Irish Festival • Rayross Print Factory

#### **Funders**

Department of Foreign Affairs and Trade of Ireland • Liverpool City Council • Big Lottery Fund Liverpool Clinical Commissioning Group • Wirral Borough Council • Wirral Clinical Commissioning Group Cheshire West and Chester Council • Irish Youth Foundation • Ireland Fund of Great Britain

#### Go raibh míle maith agaibh go léir.

























#### **Contact Irish Community Care:**

Registered Charity No: 1136760 • Company No: 07259164

151 Dale St. Liverpool L2 2AH • Tel: 0151 2373987 • Email admin@iccm.org.uk • www.iccm.org.uk

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l	19	20	21	22	23	24	25		
l	26	27	28	29	30				

October 2016									
М	Т	W	Т	F	S	S			
31					1	2			
3	4	5	6	7	8	9			
10	11	12	13	14	15	16			
17	18	19	20	21	22	23			
24	25	26	27	28	29	30			

0-4-1--- 2010

November 2016									
М	Т	W	Т	F	S	S			
	1	2	3	4	5	6			
7	8	9	10	11	12	13			
14	15	16	17	18	19	20			
21	22	23	24	25	26	27			
28	29	30							

December 2010										
М	Т	w	Т	F	S	S				
			1	2	3	4				
5	6	7	8	9	10	11				
12	13	14	15	16	17	18				
19	20	21	22	23	24	25				
26	27	28	29	30	31					